



Operation Renewed Hope

P.O. Box 43242, Fayetteville, NC 28309 (910) 987-5072 orhus@aol.com

Clothing Instructions and Items to Bring and not to Bring

1. Bring a Bible; a small one is recommended.
2. Bring toiletries especially your own toilet paper.
3. Bring a passport and second form of US ID with picture if possible. Always bring a copy of the photo page of your passport. Keep it in a place separate from your passport or with a travel companion. Bring a copy for the Team Leaders files.
4. Bring a pen.
5. Bring spending money. This will be for snacks, souvenirs, and dinner at a nice restaurant at the end of the week. The dinner will run between \$7.00 and \$15.00.
6. You may bring reasonable reading materials.
7. BATTERIES MUST BE SHOWN TO THE SECURITY PEOPLE.
8. NO KNIVES, SCREWDRIVERS, OR SHARP METAL NON-MEDICAL INSTRUMENTS MAY BE BROUGHT.
9. NO WEAPONS FOR DEFENSE OR AGGRESSION OF ANY TYPE (GUN, MARTIAL ARTS, etc.), SHAPE, OR SIZE MAY BE BROUGHT.
10. Always bring malaria medicine unless other instructions are given. Make sure you consult your doctor about this.
11. Bring small snacks.
12. Bring sun tan lotion and insect repellent.
13. Proper clothing
 - a. Some trips you may wear tennis shoes, but normally we ask a person to wear hiking boots or military boots.
 - b. Because of the boat trips carry your shoes in plastic bags on the boat. Wear swimming shoes while in the boat and water. Never enter the water in remote places without your swimming shoes.
14. We want to avoid the appearance of the military, so you may wear cargo pants but not BDU's.
15. Wear a light top, pull over, or your own scrubs.
16. Women may wear slacks when announced. Slacks may be worn going to and returning from the clinic site. On tourist day ladies will need to wear a dress or skirt.



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17. A team shirt for travel and church services will be supplied. Casual shoes may be worn. Modesty must be maintained in your choice of clothing.
18. Washing and cleaning of clothing will be impossible; therefore, you must pack accordingly.
19. All clothing for women must be modest to the knee with no plunging necklines or backs.
20. Jungle hats may be worn.
21. Bring extra underwear and socks for boat travel.
22. Bring a small flashlight for nighttime use when going to the bathroom. VERY IMPORTANT!
23. Bring insurance information to be copied. Bring a picture ID, and any other forms requested.
24. Rain can sometimes be a problem. Bring a poncho with head covering for moving in heavy rain and seas.